1% cups all-purpose flour  $3\frac{1}{2}$ 

14 teaspoons baking powder 2/2+

½ teaspoon baking soda

2/3 cup sugar 1/3 c.

1/3 cup shortening 43 c.

2 eggs

2 tablespoons milk 4T

1 cup mashed ripe banana 2c.

1/4 cup chopped nuts 1 c. Oven 350°

Stir together flour, baking powder, soda, and 34 teaspoon salt. Set aside.

In a mixer bowl beat sugar and shortening with electric mixer till light, scraping sides of bowl often. Add eggs, one at a time, and the milk, beating till smooth after each addition. Add flour mixture and banana alternately to creamed mixture, beating till smooth after each addition. Fold in nuts.

Turn batter into a lightly greased 8x4x2-inch loaf pan. Bake in a 350° oven for 60 to 65 minutes or till a wooden pick inserted near center comes out clean. Cool in pan 10 minutes. Remove from pan; cool. For easier slicing, wrap and store overnight. Makes 1.

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