

Miscellaneous

Pumpkin Peanut Butter Dip

From: Extension Connection 11/2004

Serves: 2 cups

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Ingredients

3/4 c pumpkin

1 c brown sugar

3/4 c peanut butter

1 tspn vanilla

Directions

Mix all ingredients together.

Serve with apple wedges, celery & carrot sticks, or crackers.

About 60 calories per Tablespoon.