

Weight Watchers Key Lime Pie

By Budgiegirl on March 06, 2006

★★★★★ 56 Reviews

 **Prep Time:** 5 mins **Total Time:** 2 1/4 hrs **Servings:** 8

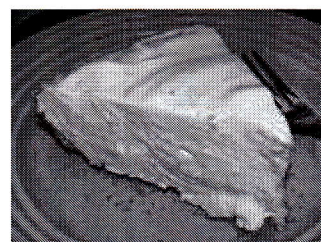


Photo by DuChick

About This Recipe

"My mom made this dessert for Thanksgiving the first year I was a Weight Watcher and it went better than the pecan or pumpkin pies. 3 points per serving. Sorry, this recipe isn't core."

Ingredients

- 1 reduced fat graham cracker crust
- 1 (1/16 ounce) package sugar-free lime gelatin
- 1/4 cup boiling water
- 1 (8 ounce) containers fat-free whipped topping
- 2 (6 ounce) key lime pie yogurt

Directions

1. In a large bowl, dissolve gelatin in boiling water.
2. Stir in yogurt with wire whisk.
3. Fold in whipped topping with wooden spoon.
4. Spread in crust.
5. Refrigerate for at least 2 hours.

Nutrition Facts		Amount Per Serving	% Daily Value
Serving Size: 1 (29 g)		Total Fat 6.3g	9%
Servings Per Recipe: 8		Saturated Fat 3.9g	19%
Amount Per Serving	% Daily Value	Cholesterol 21.7mg	7%
Calories 73.8		Sugars 2.2 g	
Calories from Fat 57	77%	Sodium 37.3mg	1%
		Total Carbohydrate 3.6g	1%
		Dietary Fiber 0.0g	0%
		Sugars 2.2 g	9%
		Protein 0.9g	1%