

Cashew Chicken

(Makes 6 servings)

6 chicken breasts	1 cup green onion, chopped
1 cup mushrooms, sliced	1 cup celery, sliced
1 (10 3/4-oz.) can cream soup (mushroom or chicken)	
1 Tbsp. soy sauce	1 cup cashews

Place thawed chicken breasts in bottom of slow cooker. Add onion, mushrooms, and celery. Top vegetables with soup and soy sauce.

Cover and cook on Low for 6 hours or High for 4 hours. Top each serving with cashews. *Note:* To reduce sodium content of recipe, use lower sodium soup and eliminate soy sauce or use lower sodium soy sauce.

Nutrition Facts: (Amount Per Serving) 320 calories, 15g total fat, 3.5g saturated fat, 70mg cholesterol, 850mg sodium, 13g total carbohydrate