



*Kellogg's* **Crispix Mix**<sup>®</sup>  
**SWEET MINGLERS RECIPE**

(Microwave)

- |     |   |     |   |
|-----|---|-----|---|
| 1   | package (6 oz., 1 cup) semi-sweet chocolate morsels | 1/2 | cup dry roasted peanuts (optional)              |
| 1/4 | cup peanut butter                                   | 6   | cups <i>Kellogg's</i> ® <i>Crispix</i> ® cereal |
|     |   | 1   | cup confectioners' sugar                        |

1. In a large microwave-safe bowl, melt chocolate at HIGH for 1 minute. Stir and heat an additional 30 seconds at HIGH or until melted. Stir in peanut butter and peanuts. Gently stir *Kellogg's*® *Crispix*® cereal into chocolate-peanut butter mixture, until well coated.

2. Place confectioners' sugar in 2-gallon storage bag. Add coated cereal to sugar and close bag. Gently toss cereal mixture until well coated. Store in airtight container in refrigerator.

**Yield:** About 8 cups

**Note:** This recipe was tested in a 700-watt microwave oven. Cooking times may vary.

**Range-Top Directions:** In a double boiler, melt chocolate over low heat, stirring constantly until melted. Remove from heat. Stir in peanut butter and peanuts. Pour mixture over cereal. Follow step 2 above.

**Nutrition Facts** include optional ingredient. Serving size 1/2 cup (38 grams) Calories 170 • Fat cal 63 •  
% **Daily Value** Total fat 11% (7g) • Sat fat 12% (2.5g) • Cholest 0% (0mg) • Sodium 6% (140mg) • Total carb 8% (25g)  
• Fiber 10% (3g) • Sugars 9g • Protein 3g • Vitamin A 8% • Vitamin C 10% • Calcium 0% • Iron 6%