



10/31/03

Sweet Pumpkin Dip

About 4 cups

- 1 can (15 ounces) solid-pack pumpkin *2 pts*
- 2 packages (8 ounces each) cream cheese, softened *Lite 32*
- 2 cups confectioners' sugar *30 pts*
- 1 teaspoon ground cinnamon
- 1 teaspoon ground ginger

64 pts total

- In a large bowl, with an electric beater, beat the pumpkin and cream cheese until smooth. Add the remaining ingredients, beating until well combined.
- Chill for at least 2 hours before serving.

GO-ALONGS: Serve with graham crackers, and sliced apples and pears.

"OOH IT'S SO GOOD!!"




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