

Frosty Strawberry Squares

1 cup sifted flour

$\frac{1}{4}$ " b. sugar

$\frac{1}{2}$ " chopped walnuts

$\frac{1}{2}$ " butter, melted

3 egg whites

1 cup sugar

2 " sliced fresh strawberries (or 1 10oz.

box frozen berries partially thawed. Then
reduce sugar to $\frac{2}{3}$ cup)

2 T. lemon juice

1 cup whipping cream, whipped (or 2
cups cool whip)

Blend 1st 4 ingr., spread in shallow pan, bake
20 min at 350°, stirring occasionally. Sprinkle 2/3
of crumbs in 9" x 13" pan. Combine egg whites,
sugar, berries + lemon juice and beat at high speed
to stiff peaks about 10 min. Fold in whipped cream.
Spoon over crumbs, top with remaining crumbs. Freeze
6 hrs. or overnight - cut into 10 or 12 squares. Trim
with whole berries.

Joan Blankenbuehler

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