

## Meat Loaf

3 slices soft bread, broken in pieces

1 cup milk

1 egg

1  $\frac{1}{4}$  tsp. salt

$\frac{1}{4}$  cup minced onion

1 tsp. Worcestershire sauce

Stir together thoroughly

Mix in  $1\frac{1}{2}$  lbs. ground beef or meat  
loaf mixer

Form in loaf & place in 9" loaf pan over

Combine in bowl

Bake 1 hr. at 350°

6-8 servings

Betty Crocker Boys + Girls Club